

# We're here to help you live well

Wraparound support services for people living with MS.

With over 65 years' experience supporting the MS community, our team is here to empower people to manage their neurological condition and live a full life.

We offer a range of emotional and practical supports, from expert advice, wellbeing programs, peer support, and employment; to allied health, accommodation and NDIS services. We help people across the ACT, NSW, Victoria and Tasmania achieve their goals — big or small.

We understand it can be challenging living with multiple sclerosis — but we're here so no one has to face MS alone and we are committed to funding cutting-edge research into a cure for MS. Reach out to our friendly team today to learn more about how we can support you.

CONTACT US:

**1800 042 138**  
**msconnect@ms.org.au**  
**www.ms.org.au**



**MS Employment Support Service** helps you succeed at work



**MS Connect** is the gateway to MS information, advice, support and services



**MS Support Coordination** helps you connect with your NDIS services



**NDIS Engagement** helps you understand and apply for the NDIS



**MS Advisor** provides personalised advice from an MS nurse or social worker



**MS Peer Support** connects you with a community of other people living with MS, and their family and carers



**MS Education** empowers you with support and information, to build your skills and knowledge



**MS Occupational Therapy** provides equipment, technology, home modifications and strategies for daily living



**MS Physiotherapy** helps you improve your physical wellbeing



**MS Continence** empowers you to take control of your bladder and bowel



**MS Exercise Physiology** helps you create an exercise plan tailored to your goals



**MS Plan Management** helps you budget the funds in your NDIS plan



**MS Residential** provides long term living options with full time care



**MS Respite** provides a chance for people living with MS and their carers to have a break



**MS Financial Assistance Program** provides one-off funds for financial crisis



**MS Go for Gold Scholarships** provide one-off grants to follow a personal dream